

The Interstate

Newsletter



Welcome Parents & Students!

The Staff at Interstate Gymnastics and Dance warmly welcomes all of our new students, and of course we are delighted to see so many familiar faces from last year! We will try to keep you informed with our Interstatement newsletters, but if you have any questions during the year, please speak with one of our staff members. We look forward to another fulfilling and rewarding year.

To see exciting news, check out our television monitor in the reception area which will show pictures, flyers of things happening and important reminders.

INTERSTATE GYMNASTICS and DANCE
was recently voted the **Best Gymnastics School**
in the Eagle Tribune voting survey.

Thank you to everyone who voted for us!

We appreciate your support!!

INTERSTATE
Xtreme Ninja

Do you have a child who loves to run, jump, climb, explore, and have fun?? ... Then we have a class for you! Your child will learn to safely complete a wide variety of obstacles, teaching life lessons in confidence, creativity, persistence and perseverance. Join us for EXTREME FUN!

Please observe our ONE-WAY traffic pattern as you drop off or park.

It is one way headed to the back of the building when traveling on the right side. Please go all the way around and behind the Dentist Office/Bank when leaving. Do not go out the left side of our building to get to Burnham Road. Also, please do not park where you will block someone, or in front of dentist office, even if its for a short time.

Very important...please drive slowly through the parking lots.

Thank You

Please follow us on Facebook for news and updates!
Visit our website at: www.interstategymnasticsanddance.com

Halloween parties will be held during the last fifteen minutes of your child's class the week of Thursday, October 24th - Thursday, October 31st. Children may wear anything that doesn't keep them from doing gymnastics or dance during the first part of their class. Due to so many allergies these days we ask that you not bring in any food to class. We will provide a small gift.

Costume Deposits

Even though our gym show and dance concert seem so far away, we are already formulating ideas for themes and costumes. Please remember that costume deposits will be due with your November Tuition. Gymnasts pay a \$35 deposit. Dancers pay a \$35 deposit and an additional \$35 deposit with February tuition. Final Balances will be due in May & June. For Gymnasts, we try leotards (girls) and shorts/shirts (boys) on in class in February or March. Dancers will be sized by teachers.

Some Friendly Reminders From the Front Desk

Tuition is based on an annual fee that is broken into 10 equal payments for gymnastics and 9 equal payments for dance *for your convenience*. Any personal holidays, school vacations, or sick days may not be discounted from monthly tuition. We do provide make-up classes for students who are sick. They should make up the class during that month, if possible. **All tuition is due the first lesson of each month.** Any payments made after the 21st of the month are subject to a \$10.00 late fee. Should the late payment go beyond the late payment date of the next month, suspension from class will result. Student may return after account is paid. Any check returned is subject to a \$20.00 bank fee.

We encourage parents to label all of their children's clothing, shoes, grips, etc. to avoid confusion in the waiting room. We do have a lost & found. It is emptied monthly and given to charity.

So as not to interrupt the learning process in the classes, we would appreciate it if students or parents would check in with the secretary each week.

Parents, please do not drop off students any earlier than 15 minutes before their class time. Also, please make every effort to pick up students on time.

Dancers, please make sure you come to class dressed in appropriate dance attire. This consists of a one piece leotard and tights and the appropriate shoes. Hair needs to be tied back.

Gym Dress Code - Girls should have leotards (please, no attached skirts, for safety) stretch shorts over are allowed, no tights or socks, no jewelry and **hair pulled back**. **Boys** should wear shorts or sweats, T-shirt or sweatshirt and no socks.

There are some students who have severe nut allergies. Please do not bring any food containing nuts into the building . Thank you!

We will OPEN on Monday, October 14th (Columbus Day).

We will be CLOSED on Thanksgiving, November 28nd and Friday November 29th but OPEN on Saturday and Sunday of that weekend.